

**SPRING FORWARD  
 DAYLIGHT SAVINGS  
 TIME BEGINS**  
**MARCH 14 at 2 a.m.**  
 Set clocks  
 one hour ahead.



*"One Team, Supporting Military Missions and Family Readiness!"*



**Photo by Sgt. Jose Perez**

Capt. Earnest E. Copeland (left) passes the unit colors to 1st Sgt. Jose L. Schneegans during a change of command ceremony at the 4th ESC headquarters.

## Copeland takes command of HHC, 4th ESC

**By Sgt. 1st Class Robert R. Ramon**  
 4th ESC Public Affairs

Capt. Earnest E. Copeland took command of the Headquarters and Headquarters Company, 4th Expeditionary Sustainment Command during a change of command ceremony at the 4th ESC headquarters here March 7.

See ESC P7

## 'REMEMBER THE ALAMO!'



Army North Commander Lt. Gen. Guy Swan delivers his keynote speech at the annual Daughters of the Republic of Texas memorial ceremony for the defenders of the Alamo March 6 inside the Alamo chapel. See story and photos, page 4.

**Photo by Esther Garcia**

## ARSOUTH HSC gains new leader

**By Robert R. Ramon**  
 ARSOUTH Public Affairs

Capt. Juan Talamantes Jr., who last served as the aide-de-camp for the U.S. Army South commanding general, took command March 1 of the Headquarters and Service Company, Special Troops Battalion, U.S. Army South at Fort Sam Houston.

Talamantes received the unit colors of the HSC "Rough Riders" from Capt.

Lt. Col. Scot Storey (right), passes the unit colors to Capt. Juan Talamantes Jr. during a change of command ceremony in front of the U.S. Army South headquarters building in "Old BAMC" March 1. Talamantes received the unit colors of the Headquarters and Service Company, Special Troops Battalion, U.S. Army South from Capt. William J. Brickner Jr. during the ceremony. Storey is Army South's STB commander.

**Photo by Robert R. Ramon**





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# Army MSW degree program open to enlisted Soldiers

The Army Deputy Chief of Staff, G1 approved Feb. 26, the Army Medical Command's request to allow all active duty enlisted Soldiers to apply for the U.S. Army Master of Social Work program hosted by the Army Medical Department Center & School and affiliated with Fayetteville State University.

Soldiers accepted into the program earn an MSW degree in 14 months or less.

Enlisted Soldiers receive a direct commission in the Medical Service Corps and on graduation, serve on active duty as social work officers serving in a variety of clinical and operational settings that include medical treat-

ment facilities, brigade combat teams, combat and operational stress control units and confinement facilities.

Enlisted Soldiers with a social science bachelor's degree in the fields of social work, psychology, sociology, communications, criminal justice, human resources, and others who desire to become a commissioned social work officer must first contact their local AMEDD recruiter to begin the accession process.

Applicants must also submit a graduate school application packet to the Army-Fayetteville State University MSW Program so that the AMEDDC&S and the university can determine an applicant's academic eligibility.

Applications are now being accepted for the FY 2011 cohort that begins in September 2010.

Deadline for application submission to a local recruiter is April 30.

In addition to a bachelor's degree, all applicants must also submit a

current Graduate Record Examination with a minimum score of 850.

Contact a local AMEDD recruiter now or call 1-800-USA-ARMY or go to <http://www.health-care.goarmy.com>.

For additional information, contact the edu-

cation technician or MSW Program Director at 221-6887 or visit the Army-Fayetteville State University MSW Web site <http://www.uncfsu.edu/sw/fortsam/fortsam.htm>.

(Source: AMEDDC&S)

### Thought of the Week

What we know is not much. What we do not know is immense. — Pierre Simon Laplace

(Source: Bits & Pieces)



### Census Data Collection

Residents will be receiving a census survey questionnaire. The information provided will be based on individual households as of April 1, 2010 and will take about ten minutes to complete. Data collected in the questionnaire is completely confidential. Residents may also see representatives from the Census Bureau walking through the housing areas, barracks, camp grounds, and other areas on post to validate information. They will be wearing orange vests and carry U.S. Census Bureau badges. For more information, call the Residential Communities Initiative office at 221-0891.

### Weekly Weather Watch

	March 11	March 12	March 13	March 14	March 15	March 16
San Antonio	76° Partly Cloudy	74° Partly Cloudy	76° Clear	76° Clear	70° Partly Cloudy	70° Partly Cloudy
Kabul Afghanistan	62° Partly Cloudy	64° Chance of Rain	71° Chance of Rain	75° Scattered Showers	73° Clear	78° Clear
Baghdad Iraq	89° Partly Cloudy	96° Overcast	95° Overcast	95° Overcast	96° Partly Cloudy	91° Partly Cloudy

(Source: Weather Underground at [www.wunderground.com](http://www.wunderground.com))



## News Briefs

### Practical Nurse Course Graduation

A graduation ceremony for the Brooke Army Medical Center Practical Nurse Course, 68WM6, Class 09-05, will be held March 24, 9 a.m., at Army Community Service, Building 2797. All are welcome to attend. Call 295-4160 or 295-4050.

### Cowboys for Heroes

Fort Sam Houston annual Cowboys for Heroes, a celebration of Western heritage, will be held March 27, 10 a.m.-5 p.m., at the Fort Sam Houston Equestrian Center. The event will feature gunfighters, chuck wagon cooking, live music and performances. Music will be performed by the 101 Fort Sam Praise Band, Clion Jansky, Blaine Lilly, Jean Prescott and Molly Hawkins and many more. Also at the event will be Jerry Diaz, a four-time World Champion Charro. The event is free and open to the public. Call 224-7297.

### Main Resident Center Ribbon Cutting

Lincoln Military Housing will host a grand opening ribbon cutting ceremony for the Main Resident Center April 9, 11 a.m. in Building 407 on Dickman Road. There will be a reception to follow with refreshments and entertainment. Call 270-7638.

### RCI Resident Assessment Survey

Within the next few weeks, Fort Sam Houston Family Housing residents will be receiving a resident assessment survey through their email address. The email will provide a web link for residents to enter to complete the Army's annual resident assessment survey. The information residents provide will help guide future improvements to housing facilities and services. Answers provided are strictly confidential and personal data is not tabulated. For more information, call 221-0891.

# AMEDD celebrates eight-year combat medic transformation

By Lori Newman  
FSH Public Affairs

The combat medic is the foundation for medical care on the battlefield.

In October 2001, an eight-year transformation began to reengineer the 91B combat medic and 91C licensed practical nurse Military Occupational Specialties into the credentialized 68W (Healthcare Specialist) combat medic of today's Army.

Since the inception of the Army, combat medics have served well, said U.S. Army Medical Command, Command Sgt. Maj. Althea Dixon.

Dixon commented that this year is the 123rd anniversary of the Hospital Corps. She also explained the early beginning of the combat medic.

"Today the Army has a superior and trained combat medic," she said.

"Many people misunderstand; this was not in response to 9/11," said Lt. Gen. Eric Schoomaker, Army surgeon general and commander, U.S. Army Medical Command.

"The wheels of change that had to

be put in place to convert the second largest Military Occupational Specialty in the Army, second only to the 11 Bravo infantry Soldier, could not have started on a dime. It took enormous vision and remarkable energy and trust on the part of the rest of the Army," he said.

"The two gentlemen who were the architects and engineers of this remarkable transition are sitting in the front row, [retired] Commander Sgt. Maj. Jim Aplin and his surgeon general at the time, [retired] Lt. Gen. Jim Peake."

"I take a lot of pride – less credit – then pride, in this whole transformation that has gone on, that we are celebrating today," said Peake, former secretary of the Department of Veteran Affairs and also a former Army surgeon general.

"We say this has been going on since 2001, in fact, it really did start several years before that."

Peake credited several people with-

See COMBAT MEDIC P16



Photos by Lori Newman

Lt. Gen. Eric Schoomaker, Command Sgt. Maj. Althea Dixon, retired Command Sgt. Maj. James Aplin and retired Lt. Gen. James Peake unveil the new 68W commemorative poster during the ceremony celebrating the culmination of the transformation of the combat medic.



Soldiers demonstrate how combat medics of the past would treat and evacuate a wounded Soldier on the battlefield.

Soldiers demonstrate how the skills currently being taught in the 68W course save time and improve the outcome of a Soldier wounded on the battlefield. Once the patient is

treated, he is quickly moved into an armored Stryker vehicle verses the unarmored ambulance of the past.





# Remembering those who fought, died at the Alamo

By Esther Garcia

FSH Public Affairs

The Daughters of the Republic of Texas held their memorial ceremony March 6 honoring the men who died defending the Alamo.

The battle was a 13-day siege that began Feb. 23 and ended March 6, 1836.

One hundred eighty-nine men from 23 states and seven countries that included England, Wales, Scotland, Ireland, Denmark, Germany and Mexico brought Jim Bowie, William Travis and the legendary David Crockett to the Alamo to defend her against the Mexican Army led by Mexican President Antonio Lopez de Santa Anna.

All were killed which cut the hearts of the Texans at San Jacinto April 26, where their battle cry, "Remember the Alamo" helped them capture Santa Anna and win independence for Texas.

During the ceremony, Lt. Gen. Guy Swan, commanding general, Army North and keynote speaker said, "On that day in 1836, a significant part of history was written. This is one of the most unique days and one that has a profound impact on the heritage of our nation."

Swan said while some may forget the actual day or year the battle occurred, no one will ever forget those immortal words "Remember the Alamo," adding that the men who died 174 years ago made the ultimate sacrifice for an ideal they believed in.

"The diversity and dedication of this small group of relatively 'common' men, remind me very much of our Army – our armed forces today," he said.

Swan read the final letter written by Travis pleading for reinforcements aloud, and said Travis knew what lay ahead.

When his desperate petition for help went unanswered, he and his troops would never the less stand and fight until the end Swan said.

They never did surrender.

"That resolve is still the hallmark of fighting men and women today. It is an unwavering sense of duty and honor that, at times seems to defy reason.

"Our history is replete with examples of this phenomenon, such as the 20th Maine in the battle of Big Round Top at Gettysburg; Corregidor during WWII; the Defense of the Pusan Perimeter during the Korean War, and of course, the battle of the Ia Drang Valley in Vietnam," Swan said.

"For those on the front lines, the Alamo continues to be a source of strength, a symbol of selfless sacrifice.

"I am not from Texas," Swan continued, "but the story of the Alamo has touched me and all those who call themselves Americans. I thank you for preserving this part of our rich history.

"Whenever free men draw a line in the sand and make a stand for freedom and liberty, they will always 'Remember



Photos by Esther Garcia

Thirty military personnel representing the Army, Navy, Marine Corps and Air Force participate in the 174th anniversary of the Battle of the Alamo at the Alamo shrine March 6. Service members carried the flags of states and nations representing the known birthplaces of the defenders. One service member, without the flag, represented the unknown defenders who perished. The Alamo Rangers posted and retired colors.



President General Patty Atkins, Daughters of the Republic of Texas, expresses her appreciation to the men and women who are participating in the memorial ceremony.



Army North Commander, Lt. Gen. Guy Swan, receives his first 2010 Fiesta medal from the Daughters of the Republic of Texas, Alamo Mission Chapter, President Jeanie Travis (center) and Vice President Barbara Johnson (right) following the memorial service for the heroes of the Alamo March 6.

the Alamo."

The ceremony included "Ballad of the Alamo," a musical representation in song of the battle.

L. Vaughn Oliver, president general, Sons of the Republic of Texas, rang the Alamo Bell. The Alamo Rangers presented the colors and the invocation was delivered

by Fr. Nicholas Baxter, associate pastor, Mission San Jose.

"Call Out Their Names Again," a poem of that last day, summoned images of the final hours of Bowie, Travis, Bonham and Crockett in the minds of the audience. Children of the Daughters of the

Republic then solemnly lit candles as a tribute to the defenders.

Patti Atkins, president general, DRT, read the roll call of the states and countries of the known heroes who defended the Alamo.

As she read, each one of 30 military personnel representing the Army,

Navy, Marine Corps and Air Force, presented the flags of those states and countries to the audience.

Sgt. 1st Class Brandon Madison, Army Medical Command Band, sounded taps. As the bugle notes reverberated from the walls of the Alamo, the colors were retired concluding the ceremony.



# Full house, full plates with dash of inspiration for breakfast

By Lori Newman  
FSH Public Affairs

All the tables were full early Thursday morning at the Sam Houston Club.

"This is exactly what the chaplains like to see; a full set of pews," U.S. Army Garrison Commander Col. Mary Garr remarked March 4 at the National Prayer Breakfast.

Prayer Breakfast Groups were inaugurated in the Senate and the House of Representatives in 1942.

In 1953, members of the Senate and the House gathered with President Dwight D. Eisenhower for prayer and worship, to seek divine guidance for the national leadership and reaffirm faith and dependence on God.

The breakfast became an annual tradition, known as the "Presidential Prayer Breakfast."

The name changed to the "National Prayer

Breakfast" in 1970 to put more emphasis on the purpose of the gathering and less on the individuals who attended the event.

"This morning we gather to look to the Lord, express our trust in Him and to receive some inspiration from Him," said Chaplain (Col.) Karl Kuckhahn, U.S. Army Garrison Chaplain, in his opening remarks.

Several members of the Fort Sam Houston chapel community provided scripture readings and prayers for our nation and our military service members around the world.

"In today's operational environment, we ensure that we maintain our physical fitness; we also make sure we work on our mental fitness. A lot of times, we don't remember to take that moment that we need to keep up our spiritual fitness," Garr said.

Guest speaker for the

event, Rev. Greg Asimakoupoulos, senior pastor of Mercer Island Covenant Church in Seattle, Wash., also writes a weekly poetic blog at <http://www.partialobserver.com> and has authored several books.

Asimakoupoulos spoke about Psalms chapter 90, which addresses the numbering of days.

"History has a way of numbering our days," he said. "The simple mention of a date can conjure up something of significance that happened on that day."

He told the audience about a "Family Circus" cartoon he had seen several years ago. The cartoon read, "Yesterday is the past, tomorrow is the future, today is a gift;



Chaplain (Col.) Karl Kuckhahn presents Rev. Greg Asimakoupoulos a gift of appreciation for speaking at the annual National Prayer Breakfast at the Sam Houston Club.

Photo by Lori Newman

that's why we call it the present."

"Pounce on each moment and unwrap the present and learn how to number your days. So that you might gain a heart of wisdom and live each day as a gift from your God," he advised.

"Unfortunately, too

many of us leave that present on a shelf — unwrapped," Asimakoupoulos said.

"Seize the day, carpe diem, taking from this gift what God intends to give to us, that we might not waste it. Add up your blessings, subtract your regrets, multiply the good in your life and

divide the sorrow; don't carry it alone," he said.

"Don't hang onto things you can't do anything about. The past is the past; move on. Look forward; don't give into the temptation of looking into the rear view mirror, start looking through the wind shield," Asimakoupoulos said.



# Camp Bullis reservist claims all-Army championship

By Michael Molinaro  
USAMU Public Affairs

Sgt. 1st Class Russell Moore, 2nd Battalion, Small Arms Readiness Group, Camp Bullis, withstood strong competition and unpredictable weather to win the Overall Individual Championship during the 2010 All-Army Small Arms Championships, his second in a row.

Moore and close to 300 Soldiers from all elements of the Army descended on Fort Benning, Ga., Feb. 20-27, to take part in the competition, the preeminent marksmanship training and competitive event the Army has to offer.

Moore and his teammates claimed the top team prize after a week full of pistol, rifle, long-range rifle and combined arms matches.

“Everybody should come here. I feel it’s a Soldier’s duty to come here and test their capability, test their mettle against their peers,” said Moore, who works at Fort Sam Houston as a Department of the Army civilian with combat medic trainees.

“Hopefully everybody here takes the spirit of the event for what it truly is, which is a training event, where somebody can come and learn depth and relevance to their trade of being a rifleman first.”

Soldiers were given hands-on marksmanship instruction by the hosts of the competition, Soldiers from the U.S. Army Marksmanship Unit, with the intent of using those lessons learned in instruction and in competition to bring back to their units for dissemin-



Courtesy photo

Col. Charles Durr, chief of staff, Maneuver Center of Excellence, stands with Sgt. 1st Class Russell Moore, 2nd Battalion, Small Arms Readiness Group, Camp Bullis, after presenting Moore with a Secretary of the Army M1 Garand Trophy Rifle for winning the 2010 All-Army Small Arms Individual Championship.

nation.

“At the USAMU, we use the phrase ‘competition to combat’

to describe the phenomena of taking lessons learned through competition to enhance the

capability and lethality of the Soldier in combat,” said Lt. Col. Daniel Hodne, commander, USAMU.

“The All-Army is designed to be the ultimate train-the-trainer event for marksmanship; the implications to raising the Army’s overall combat readiness after an event such as this one are enormous.”

During the closing ceremony, Hodne reminded the Soldiers who competed that while the seeds have been strewn at the All-Army, it is now up to them to incorporate what they learned back at their units.

“The lessons learned on the fields of friendly strife are helping our Soldiers accomplish their missions in Afghanistan, Iraq, and elsewhere,” Hodne concluded.



### ARSOUTH from P1

William J. Brickner Jr., during an outdoor ceremony in front of Army South's headquarters in "Old BAMC." Brickner will move to the STB's operations section.

"Bill has contributed to the history of this great unit and Juan now bears the awesome responsibility to continue the proud traditions of the unit while also continuing to move it forward," said Army South's STB commander, Lt. Col. Scot Storey.

According to Brickner, it was an honor "working with some great Americans who, on a daily basis, keep the cogs of U.S. Army South well-oiled and running."

He stressed it is the

Soldiers of HSC who "put in numerous hours and tackle daunting tasks in order to provide the daily support U.S. Army South requires. They are the unsung heroes," said Brickner.

Storey also praised the dedication of the Soldiers who served under Brickner's leadership.

"They perform difficult, important, and often unnoticed and unpraised duties for the battalion and U.S. Army South," said Storey. "Without them the command could not function."

Listing many unit accomplishments — including supporting company, battalion and command-level training; ensuring transportation was provided for numer-

ous conferences and training events and providing support to countless missions in the Fort Sam Houston area — Storey stressed that under Brickner's leadership the HSC has "consistently focused on excellence."

Gesturing toward Talamantes, Storey assured the Soldiers they are in good hands with their new commander.

"The Headquarters and Service Company is being placed in the hands of another talented Soldier," said Storey of Talamantes. "He has an impressive background that has groomed him to successfully lead the 'Rough Riders' down a continued path to greatness."

### 4TH ESC from P1

Copeland, the former 319th Combat Sustainment Support Battalion, HHC commander, received the unit colors from Capt. Raymond C. Martinez, who will take over as the 4th ESC Support Operations maintenance management officer.

Martinez was praised during the ceremony for his performance as HHC commander during the past year.

"You've done a great job," said Brig. Gen. Les J. Carroll, 4th ESC commanding general, to Martinez.

"You've stepped up when we needed you to step up and you've done a great duty for this headquarters in preparing us to move down the road we are headed."

Carroll assured

Soldiers and Family members of the 4th ESC that the HHC will be in good hands with the incoming commander.

"If I didn't have confidence he could do the job and do it well, he wouldn't be sitting here today," said Carroll of Copeland.

"He looked me in the eye and said 'I will do my best' and that's all I can ask of him."

The 4th ESC functions as an operational command post for the 377th Theater Sustainment Command headquartered in New Orleans, La., providing operational-level sustainment support.

The 4th ESC leads, plans, coordinates, synchronizes, monitors, and controls operational-level logistics within an assigned area of operations.

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# AMEDD chapel rededication reminds Soldiers of importance of spiritual life

By L.A. Shively  
FSH Public Affairs

Chaplains and ministry teams from across Fort Sam Houston gathered for a ribbon-cutting ceremony and rededication of the Army Medical Department's Regimental Chapel, March 8.

The ceremony marked completion of a lengthy renovation costing an estimated \$1 million and two year's time.

Improvements included a new energy-efficient ventilation system and windows, fire-proof doors, modular seating and new flooring throughout the building. A grant from the Chief of Chaplains provided a new Bose sound system and projection unit.

Though the building is

home to Catholics, Protestants and Muslims, all faith groups are welcome. "This is the AMEDD Chapel, a place that honors and provides for multi-faith needs and religious expressions of all of our Soldiers and their Families," said Chaplain (Col.) Gordon Groseclose during his welcome address.

"Our rededication is acknowledgement of a new service for a new generation of Soldiers," Groseclose, chief of the department of pastoral ministry training at the Army Medical Department Center & School, said.

Serving the new generation means a ministry of presence he said.

"Wherever Soldiers go, chaplains go. This chapel

is a place where they come to worship. But when they leave this place, chaplains walk with them into their places of work, training and further service for country."

Groseclose stressed that the spiritual domain is an important part of the Comprehensive Soldier Fitness program. "We are of religious nature. Our spirituality is what gives us context, purpose and meaning in life."

"We're here to rededicate this building that has faithfully served our Soldiers for 38 years. It's been thousands and thousands of Soldiers that have passed through these doors," said Col Randall Anderson, commander, 32nd



Photo by L.A. Shively

Maj. Gen. Russell Czerw (center, left), commander Fort Sam Houston and AMEDDC&S with 1st Lt. Denise Hagler (center, right) and the chaplains from the AMEDD Chapel unit ministry team, gather at the entrance to the regimental chapel to cut the ribbon rededicating the building after its renovation.

Medical Brigade.

"The reason we have a rededication ceremony is to recognize the efforts of many people – the chaplains, the command, the garrison – everybody that

pulls together to have quality facilities like this," Anderson said.

Quoting Gen. George C. Marshall, appointed general of the Army in 1944, Maj. Gen. Russell Czerw,

commander Fort Sam Houston and AMEDDC&S said, "I look upon the spiritual life of the Soldier as even more important

See CHAPEL P22

# Cultural celebration of Black History Month at Hacienda

By Ben Paniagua

FSH FMW&R

Approximately 150 Advanced Individual Training and Initial Entry Training Soldiers from the 32nd Medical Brigade enjoyed an evening of celebration honoring Black History Month at the Hacienda Recreation Center, Feb. 25

Soldiers were treated to a jazz performance by the Army Medical Command Jazz Orchestra or M.O.J.O. who performed a variety of high-energy musical numbers giving tribute to the big bands of yesterday and today.

Guest speaker, Master Chief Hospital Corpsman Barry S. Moore, chosen as the inaugural command master chief for the Naval Medical Training Center, took the opportunity to address his audience about choosing proper role models.

Drawing on personal experience, Moore suggested shifting role models from sports stars, rappers and celebrities to more appropriate figures such as successful politicians, educators and civil rights leaders.

He emphasized that the right choice made a tremendous difference in his life's journey toward success.

"My role model was my mother," Moore said.

"She often quoted Dr. Martin Luther King Jr. by saying that whatever I am to be; be the best that I can. 'If that is a ditch digger,' she said, 'be the best ditch digger there is.'"

Moore said his mother's lectures and King's phrase acted as inspiration throughout his military career.

"I owe my professional and personal matriculation to my mom and that quote."

"Programs of this nature are

needed to teach young Soldiers the diversity of the American culture and make a difference in their lives," said Sgt. 1st Class Ivan Vasquez, Company B, 187th Medical Battalion, who coordinated the evening's event.

"It is a learning experience that will make them better Soldiers and better human beings," he said.

Cake, punch, ice cream and a trivia game on African American history with Post Exchange gift-card prizes entertained the audience.

"It was a very good show and a great speech by the command master chief," said Pvt. 2nd Class Zachary Ellison, Company D, 232nd Medical Battalion.

"Learning where people come from and their varied cultures tends to lead us to a better world," Ellison said.



Courtesy photo

Lt. Col. Thomas Bundt (left), commander, 187th Medical Battalion and Master Chief Hospital Corpsman Barry S. Moore, command master chief of the Naval Medical Training Center, hold the City of San Antonio's proclamation designating February as Black/African American History month at the Hacienda.



# Flooding could be major concern for San Antonio, Fort Sam Houston

By L.A. Shively  
FSH Public Affairs

When it rains, it floods in San Antonio. The city is located in one of the most flash-flood prone regions in North America, Central Texas, also known as "Flash Flood Alley."

This area is particularly vulnerable because storms stall out along the Balcones escarpment, according to flood safety officials.

The escarpment, a raised area formed by a fault, comprises parts of the Edwards Plateau, Texas Hill Country, northern and westernmost Coastal Plains and is prone to extremely heavy rains; receiving half of the world's record rainfall in 48 hours or less duration, according to the

National Weather Service.

Texas also leads the nation in flood-related deaths almost every year. Flooding may occur as a result of rainfall over a period of days. However, flash floods can develop in a matter of minutes.

These waters are destructive, carrying debris, rocks and mud.

At Fort Sam Houston, heavy rains swell the Salado Creek, flooding the area around Brooke Army Medical Center and closing the Binz-Engleman Gate.

"During the 1998 flood, Salado Creek overflowed, but housing was not affected," explained Brad Barrett, a chemical, biological, radiological, nuclear, and high yield explosives operations specialist with the Fort

Sam Houston Antiterrorism Office.

Barrett said that the most recent floods and the flooding from large storms in 1998 and in 2002 did not affect those living and working at Fort Sam although gate closures, especially the Binz-Engleman Gate, may cause some inconvenience.

"It doesn't affect housing but it does affect movement for folks who work at BAMC," Barrett said.

If flooding, severe weather and other threats become a problem on post, his office sends messages via mass e-mail. The giant voice system is utilized to warn of very serious situations on post.

"If people were told to

evacuate, they would be provided with information as to where to go and who to contact when they return," Barrett said, adding that Families would be notified door-to-door.

"Usually Families would be accommodated on post at the fitness center or other large facility or at a local hotel," Barrett said.

The National Flood Safety Awareness Week is March 15 -19 and Barrett suggested visiting <http://www.safloodsafe.com> and the city of San Antonio's emergency notification system Web site <http://www.sanantonio.gov/readysouthtexas/ens.asp> to learn more about flooding in the area.

## HOW TO PREPARE FOR A FLOOD

- Determine whether your home or work place is in a predetermined flood plain.
- Stay informed and know flood terminology:  
Flood Watch: Flooding is possible.  
Flash Flood Watch: Flash flooding is possible. Be prepared to move to higher ground.  
Flood Warning: Flooding is currently occurring or will occur soon. Listen for further instructions. If told to evacuate, do so immediately.
- Flash Flood Warning: Flash flooding is currently occurring or will occur soon. Seek higher ground on foot immediately.
- Consider buying a National Oceanic and Atmospheric (NOAA) weather radio to receive warnings directly from the National Weather Service.
- Get an emergency supply kit, and store it where it can be accessed by all family members.
- Know your installation's plan, and develop an evacuation procedure as a family.
- Develop a communication plan in case you are not together during evacuation.
- Identify where you can go if you need to reach higher ground quickly

and on foot.

- Keep enough fuel in your car's tank to evacuate. Expect a high volume of slow traffic.
- Stay tuned to the radio or TV for further information and instructions.
- If you are ordered to evacuate: Take only essential items. Turn off gas, electricity and water. Disconnect appliances.

## WHAT TO DO IF THERE IS A FLOOD

- Do not walk in moving water.
- Do not drive in flood water. As little as six inches of water can cause loss of control and stalling of a vehicle.
- Follow the designated evacuation procedure.
- If you are NOT ordered to evacuate:
- Stay tuned to emergency stations on radio or TV.
- Listen for further instructions.
- Prepare to evacuate to a shelter or a neighbor's home if your home is damaged.
- Once you are in a safe place, report to your command if you are military or government civilian personnel or a member of the selective reserves.

(Source: FSH Antiterrorism Office)

# 470th MI Brigade information gathering aids Haiti response

**By Gregory Ripp**  
470th MI Brigade Public Affairs

Members of the teams that quickly deployed to Haiti in response to the Jan. 12 earthquake have returned with first-hand accounts of what they experienced.

Edgardo Ortiz, a Military Intelligence Civilian Excepted Career Program agent with the 470th Military Intelligence Brigade, led one of two counterintelligence teams deployed by the brigade.

They supported XVIII Airborne Corps when it assumed its role as Joint Task Force Haiti to conduct humanitarian assistance and disaster relief operations and assist the United Nations in those efforts.

Well provided with various mobile communications equipment, the two teams deployed to North Carolina within 24 hours of notification and linked up with the corps' intelligence staff at Fort Bragg on the afternoon of Jan. 18.

Two days later, the teams arrived in Haiti via military airlift and immediately conducted a mission analysis based on current intelligence and situational reports.

After further mission briefings and mission guidance from JTF staff, the teams immediately refocused their efforts into a "non-traditional" CI mission.

"We became the eyes and ears of the JTF commander to provide 'ground truth' assessments on current threats to the Haitian population, relief efforts and changing conditions on the ground, specifically in and around the city of Port-au-Prince," said Ortiz.

He explained that despite the widespread destruction, most of the population stayed in the city or quickly returned.

"The government and most services are in the city," he related. "That is where the assistance was being provided."

People without livable residences set up temporary shelters in open areas. These Internally Displaced Person camps quickly sprouted up all around the city, and one of the CI team's primary tasks was to provide assessments of these camps.

"These assessments were essential," said Ortiz. "They provided [World Food Program] decision makers with critical information needed to assist in planning food distribution and selecting food [distribution points]."

As soon as the initial DPs were selected, the teams assessed them based on criteria established by the WFP.

The CI teams gathered most of their information by driving around, visiting the camps and talking with the people.



Edgardo Ortiz speaks with a Haitian at an open-air market where citizens in Port-au-Prince still try to make a living days after the earthquake.

**Photo by Chief Warrant Officer 2 Katrina Adams**

"We asked them how things were going, if support was getting to them, what had they heard," said Ortiz, who noted that while the radio stations broadcasted locations for obtaining food, water and various assistance, many of the people didn't have radios.

"Despite countless aftershocks and the tremendous amount of human suffering and tragedy witnessed by the teams, we worked around the clock to keep the JTF-Haiti commander and staff abreast of local atmospherics,

increasing medical threats, criminal activity – to include escaped Haitian prisoners – and internal and external mass migration trends," Ortiz related.

"All of these factors threatened the overall relief effort, but most importantly the Haitian people's recovery and return to normalcy in this Caribbean nation."

Col. Jim Lee, brigade commander, said, "These CI teams, like the one Ed Ortiz led, exemplify the 470th Military Intelligence Brigade's expeditionary capability



**Photo by Edgardo Ortiz**  
Haitians pass by a government building demolished by the earthquake.

to rapidly deploy intelligence support teams anytime, anywhere

around the world. He and others performed superbly."

## News Leader survey online

Visit <http://www.samhouston.army.mil/publicaffairs>. For more information, call 221-0615 or 221-2030.



# Mild TBI symptoms variable, have multiple causes

By Marcie Birk  
USAPHC, Provisional

Concussion is the most common traumatic brain injury, according to the Centers for Disease Control and Prevention.

The signs of concussion, clinically known as mild traumatic brain injury or "mTBI," are variable and can be subtle.

A person may have a loss of consciousness and amnesia, or may only feel like "you got your bell rung" or see stars and feel dazed with no other symptoms.

Concussions can present in many different ways and are as difficult to detect on the battlefield as on the football field.

TBI occurs when a blow or jolt to the head or a penetrating head injury disrupts the function of the brain.

Traumatic brain injuries are most commonly caused by falls,

motor vehicle crashes, being struck by/against something, and assaults. Blasts are the leading cause of TBI for active-duty military personnel in war.

The severity of a TBI may range from "mild" (in other words, a brief change in mental status or consciousness) to "severe" (an extended period of unconsciousness or amnesia after the injury).

The Defense and Veterans Brain Injury Center indicates that 33 percent of patients who needed medical evaluation for battle-related injuries at Walter Reed Army Medical Center in 2008 had traumatic brain injury. The percentage breakdown for the Army is as follows:

- Mild, 89 percent
- Moderate, 5 percent
- Severe, 3 percent
- Penetrating, 3 percent

Not all blows or jolts to the head result in a TBI. It is possible to be

exposed to blast and have no injury.

However, Soldiers who are exposed to blasts or any possible cause of concussion should seek care as soon as possible after the injury.

Early medical intervention is key to making an accurate diagnosis and initiating treatment. This is particularly important during military operations because multiple concussions within a short period, before the brain has had time to recover from the last injury, can cause more severe deterioration than might have occurred with a single injury.

If care is sought too long after the injury, the healthcare provider must rely on the Soldier's recall of the event to make the diagnosis of concussion. Then, it is even more difficult to determine if the symptoms the Soldier is

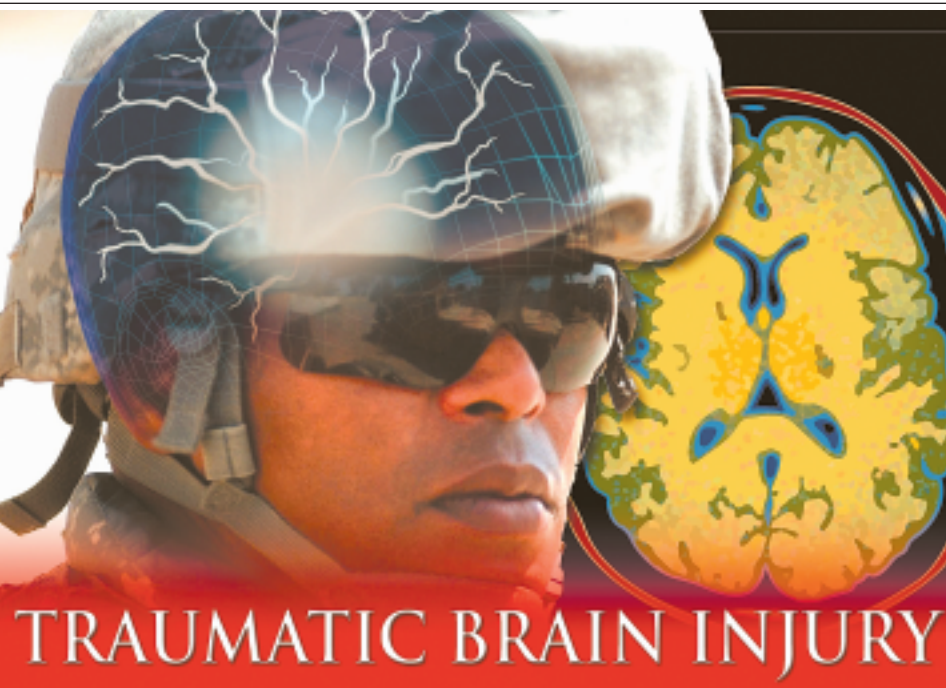


Photo illustration: Matt Staley

experiencing are as a result of the concussion or another condition.

It is important to see a healthcare provider as soon as possible after the event.

The primary treatment for concussions includes protection from sustaining a second injury before the brain heals, education about what concussion is and what to expect during recovery and reassurance.

For people diagnosed with a mild traumatic

brain injury, the following general tips can aid in recovery:

•Get lots of rest. Don't rush back to daily activities such as work, training or vigorous sports activity, as these can make symptoms worse. Recovery from concussions can take several weeks.

•Avoid doing anything that could cause another blow or jolt to the head.

•Ask your healthcare provider when it's safe to drive a car, ride a bike or use heavy equipment,

because your ability to react may be slower after a brain injury.

•Take only the drugs your healthcare provider has approved, and don't drink alcohol until your doctor says it's OK.

For more information about traumatic brain injury, visit these Web sites:

- <http://www.armymedicine.army.mil/news/releases/20090225FAQtbi.cfm>
- <http://www.pdhealth.mil/TBI.asp>

# Thompson garners MHS award for work

By Maria Gallegos  
BAMC Public Affairs

Ellen Embrey, assistant secretary of defense for Health Affairs, presented the “Building Stronger Female Physician Leaders in the Military Health Systems: Junior Army Award” to Lt. Col. Jennifer C. Thompson, during the Military Health System Conference Jan. 28 at National Harbor, Md.

“Building Stronger Female Physician Leaders in the MHS” award was created by the Military Health System’s Chief Human Capital Office to identify and honor outstanding female physicians who have distinguished themselves by significant contributions to the practice of military medicine while being exemplary role models for others, according to the U.S. Medicine – The Voice of



Photo by Caroline Deutermann

Ellen Embrey presents the “Building Stronger Female Physician Leaders in the MHS: Junior Army Award” to Lt. Col. Jennifer C. Thompson.

Federal Medicine Web site.

Col. Lisa Zacher, chief of Department of Medicine at Brooke Army Medical Center nominated Lt. Col. Jennifer Thompson, director of Graduate Medical Education at Brooke Army Medical Center, for her exceptional performance, commitment to education, and outstanding dedication as a mentor for various female resident research projects.

Zacher listed numerous contributions that enabled Thompson to be recognized for her achievements.

She wrote that Thompson demonstrated distinctive achievements and service during her military tenure, served as a positive role model for women in medicine, and

was an active participant in community service activities.

“Her deployment to Iraq also allowed her to interface with commanders at many different levels promoting the role of women in medicine, education and research,” said Zacher.

“She expects perfection [on research projects] with each slide being carefully reviewed and each presentation repeatedly rehearsed. She displays and expects excellence. She also holds numerous awards for her teaching knowledge and clinical abilities.”

For more information about the award and nomination procedures, visit <http://www.health.mil/> people.

# New shopping center planned

Endeavor Real Estate Group will partner with the Army and Air Force Exchange Service to develop an approximately 500,000-square-foot retail project at Fort Sam Houston.

Endeavor will serve as developer, leasing agent and property manager for this \$80 million-plus project.

Once completed, the facility, Freedom Crossing, will serve the needs of both active and retired military personnel, providing them with the convenience of shopping, dining and entertainment at the post.

San Antonio and Fort Sam Houston are home to one of the largest populations of active and retired military personnel in the country.

The planned development will have a new Post Exchange facility (approximately 200,000 square feet), other AAFES-operat-

ed retail stores, a food court, movie theatre, restaurants, entertainment and branded retail stores commonly found in malls or shopping centers.

Additionally, the project will be anchored by Fort Sam Houston’s existing 100,000-square-foot Commissary, which is adjacent to the development site.

Michael McDonald, chief of the AAFES Community Development Initiative, stated, “Quality of life improvements for the Fort Sam Houston community is a result of the demonstrated ability and breadth of experience of all involved on this project. Giving back to those who deserve our support is very rewarding for the team. This is a unique opportunity for retailers and restaurants to participate in this exceptional project.”

Freedom Crossing at Fort Sam is the

third AAFES project-of-its-kind in the country.

Currently, the project is scheduled to be open for business in the Spring of 2013

“We are thrilled to be collaborating with AAFES at Fort Sam Houston,” said Chris Ellis, Endeavor managing principal.

“This project will add very exciting retail, restaurant and entertainment components to the base community; which we are hopeful will improve the daily lives of the active and retired military personnel and their Families who will have access to the facility.”

The development team is led by Endeavor and also includes Good, Fulton & Farrell Architects, Nelsen Architects, White Construction Company and Saenz+Bury Engineering, LLC.

(Source: Endeavor Real Estate Group)





# Long Barracks gets long-awaited facelift, new mission

By Steve Elliott  
FSH Public Affairs

Some of the oldest structures on Fort Sam Houston are in the midst of spit-and-polish cleaning and major renovations. The famed Long Barracks is being converted into an Army contracting command campus, set to open November 2011.

“The project began in September 2009 and is on course for an on-time completion,” said Robay Geary, logistics director for the Mission and Installation Contracting Command.

“When completed, the refurbished building, along with several others in the area, will serve as a hub for about 80 percent of all Army contracting organizations.”

The U.S. Army Mission and Installation Contracting Command, part of the Army’s Generating Force, plans, integrates, awards, and administers contracts throughout the Army Force Generation Cycle supporting the Army Commands, Direct Reporting Units, U.S.Army North and other organizations to provide the best value for the mission. Soldiers and their Families. The command functions as an integral and indispensable partner in accomplishing the Army’s mission through contracted materiel and services solutions.

Renovations to the 1,081-foot-long building, costing approximately \$25.5 million, are being funded by MICC and carried out by RKJ Construction, a private company out of Lampasas, Texas.

RKJ has worked extensively with the Department of Defense and on other buildings on Fort Sam Houston, such as Building

2000 (the 1890s-era hospital due to be home to the Installation Management Command).

Authorized in 1875 and completed in 1879, Fort Sam Houston was the U.S. Army’s principal supply base in the Southwest; the fort supplied the “Rough Riders” in 1898 and Pershing’s Mexican campaign in 1916.

Experiments with the Wright biplane here led to the establishment of the Signal Corps’ aviation section in 1914.

Since it was first built in the late 1880s, the Building 600 area, which represents the oldest group of buildings on Fort Sam Houston, has served a variety of functions and purposes.

Originally built as officers’ quarters and barracks, these structures are attached by common two-story walls and have masonry exteriors, wooden floors and tin roofs.

Used as offices until the 1980s, the Long Barracks was also used to house conscientious objectors during the Korean Conflict and Vietnam War eras. Basic training was six weeks for the COs instead of the usual eight weeks, since it didn’t include weapons training. After basic, the objectors would report directly for training to the other side of the post to become Army medics.

COs during that era reported they were well taken care of while at FSH, and while they were housed separately, many were highly decorated. Two received the Medal of Honor.

Thomas W. Bennett and Joseph Guy LaPointe Jr. became the only conscientious objectors housed at the Long Barracks to earn the Medal of Honor in the Vietnam

War, and only the second and third COs in history to be so recognized. (Desmond Doss, a medic in World War II, was the first.) Both Bennett and LaPointe were killed in action in 1969 and posthumously awarded the Medal of Honor.

One of the Army’s oldest active posts, 500 of Fort Sam’s 3,000 acres sit in a National Historic Landmark District with many historic buildings still used as offices and homes.

Others, like the Long Barracks and other nearby buildings, have sat unused and vacant for years, becoming decrepit and falling into disrepair.

“The inside of the buildings are being stripped down to the wood,” said Jim Michel, project engineer from the San Antonio area office of the U.S. Army Corps of Engineers.

“All the existing interior partitions, electrical wiring, plumbing, climate control systems, and interior and exterior lighting fixtures will be ripped out and replaced. Stairways, ceilings, wooden floors, structural roof members, interior and exterior doors and windows are also being repaired, refinished or replaced. The new dropped ceiling will have the same pattern as the original tin ceiling.”

The Long Barracks was among more than four dozen Fort Sam buildings designed by San Antonio architect Alfred Giles during the late 19th and early 20th century. Giles, an Englishman who settled in the United States, also designed the Infantry Post Barracks, Officers’ Quarters, Staff Post; and Commanding General’s Quarters.

Among Giles’ most important local buildings are the Mother House and Convent at the University of the Incarnate Word;

Daniel Sullivan’s Stable and Coach House at the San Antonio Botanical Gardens; the 1909 addition to the Menger Hotel; the Steves Homestead in the King William district and the Municipal Market House at El Mercado.

Building 613 is a three-story structure that is located in the middle of the Building 600 area and sits over what was called the “Sally Port.” It was constructed in 1887 as a regimental headquarters and has masonry exterior walls and wooden floors.

“This area will become the command suite for the new contracting campus,” Geary said. “The Long Barracks can hold about 300 people, but will more likely have about 280, as certain areas will be used for storage, break rooms, etc. The new space will be vital to the MICC’s ongoing mission at Fort Sam Houston.

“The leadership is happy to move into such an historic building,” Geary added. “We’ve been going over designs for more than a year and we are making sure it will be up to all the Army’s standards.”



Photo by Art Jackson

(From left, with shovels) Brig. Gen. Stephen B. Leisenring, MICC commander, and Command Sgt. Maj. Clinton L. Jackson, MICC CSM, break ground at the Long Barracks. With them are (from left) Lt. Col. Doug Kiser, Gary Pinion, Lynn Christian, Leroy Griffith and Staff Sgt. Gustavo Jackson from the MICC. Leisenring is the first MICC commander and Jackson is the command’s first CSM.



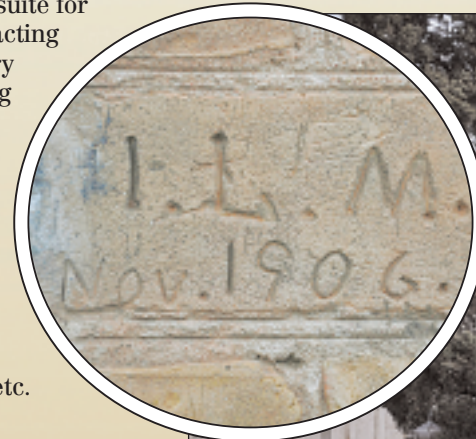
Photo courtesy Fort Sam Houston Museum

The Long Barracks were originally constructed as officers’ quarters and barracks in the late 1880s.



Photo by Steve Elliott

The “Sally Port” as it looks prior to renovation.



(Inset) 104-year old graffiti marks one brick.



Photos by Steve Elliott



(Above) Aldo Torres of RKJ Construction removes old air conditioning ducts from inside the Long Barracks.

(Left) The historical building has stood empty since the 1980s.



# Optometry clinic offers free glasses for limited time

By Steve Elliott  
FSH Public Affairs

Any active-duty, permanent party service member at Fort Sam Houston – for a limited time – can get a free pair of eyeglasses as part of a program that will determine what kind of eyeglasses get offered by the Department of Defense for the next decade.

“We can only offer this to 1,000 people here,” said Lt. Col. Jeff Cleland,

chief of the optometry clinics at Brooke Army Medical Center and the McWethy Troop Clinic.

“We’re going to have about 120 different frames available, in all different colors and in plastic and metal. Which frames get picked will help determine what DoD optometry clinics will be offering for the next 10 years.”

The program began taking applicants March 10 and will continue

from 1 to 2:45 p.m. March 17 and 24 and April 14, and from 12:30 to 3:15 p.m. April 7 at Building 2797, Army Community Service, on Stanley Road.

Only 200 service members will be seen on each date, so Cleland suggests that people get there early.

People showing up must bring their most current prescription or a pair of glasses that are less than one year old.

Lenses can be regular or bifocal.

The clinic chief said that people who wear contacts must bring their glasses if they want to be eligible. The prescription will be measured from existing lenses or copied from the latest prescription.

No eye exams will be given as part of this program.

Students at Fort Sam Houston are not eligible for the program, due to

the short time they will be assigned here, Cleland added.

“We will be doing a survey after the glasses are given and we’ll be following up with those who got them,” he said. “Students just aren’t here long enough for us to follow up with.”

Retired service members and Department of the Army civilians are also not eligible for this program, and only reservists that have been activated for more than 30 days can apply.

“This is a great oppor-

tunity for service members to have input on what kind of frames they like,” Cleland said.

“Fort Sam Houston is only one of five military locations in the United States that is taking part in this.

“We want to see what people will pick and what they actually want to wear,” Cleland added. “These packages are worth about \$200 to \$250, so it’s also a chance to save some money and get some stylish glasses.”

## COMBAT MEDIC from P3

in the Army Medical Department and throughout the Army for the transformation.

“Like everything in the Army that is good, it gets better by the hands that touch it along the way,” Peake said.

Initial Entry Training was expanded from 10 weeks to 16 weeks and 68W medics become fully qualified and certified as Emergency Medical Technicians as part of the reengineering of the course.

Peake gave praise to the reservists saying, “If there was any part of our Army that this was really hard for it was the reserve components that had limited time to train but had to upgrade their skills and get EMT certified.”

The transition began in October 2001 with a completion goal of September 2007 for active duty components and September 2009 for reservists and guardsman.

Currently there are more than 37,000 active

and reserve combat medics in the Army. Most active duty combat medics have completed the transition along with more than 90 percent of those in the Army Reserve and National Guard.

Sustainment requires 68Ws annually validate their skills through continuing education programs. They must also recertify with the National Registry of Emergency Medical Technicians every two years

During the ceremony,

Master Sgt. James Kinser, 232nd Medical Battalion, narrated a demonstration of combat medic skills on the battlefield.

The demonstration highlighted the differences between the 91B combat medic and the 68W combat medic of today.

The medics of the 68W generation are trained to perform advanced airway skills, hemorrhage control techniques, manage shock and evacuate injured Soldiers as quickly as possible.

“With the reengineer-

ing of the combat medic we not only have made improvements in the treatment techniques we have also gained a significant decrease in the amount of time it takes to get our wounded off the battlefield,” Kinser said.

“The advances in medical techniques taught to our medics along with the adaptive tactical procedures provide our warfighters of today a 98 percent survival rate from combat injury,” he said.

The confidence our Soldiers have in their

medics is extraordinary. The confidence our medics have in themselves is extraordinary, Peake said.

“Thank God this happened, because nine years into this war, if we had not had the skills of our combat medics I do not know how many more receptions we would be hosting at Dover, Delaware for Soldiers, Marines, Sailors and Airman who have not survived without the presence of our combat medics,” Schoomaker said.



# Students learn proper dental care

By Kathy Maxwell  
FSHISD

Fort Sam Houston Elementary School students learned first-hand how to properly care for teeth and gums from Dental Activity representatives during National Dental Health Month.

Games, skits, and demonstrations were used to teach students good dental hygiene and proper nutrition necessary to promote healthy teeth and gums.

Kindergartners squealed and giggled at the antics of the DENTAC nutrition performers as they sang "Brush Your Teeth Twice a Day." Students learned how to brush their teeth and floss each day along with eating good snacks to make a healthy smile.

"My favorite part was learning about bacteria," said fifth-grade student Ben Miller.

"Seeing bacteria under a black light and then checking



Courtesy photo

Elementary students learn how to floss and brush their teeth during the Dental Activity presentation.

for bacteria levels after hand washing was really interesting."

"The thing I liked," quipped Megan Phillips, "was the video of the two dogs going to the dentist office for a visit and seeing all the instruments used by the dentist."

DENTAC's teaching methods were well-planned and engaging for the students.

Each received a toothbrush, dental floss, a dental care sticker and a pencil as reminders of the importance of dental health.

Principal Tonya Hyde commented, "Community partnerships are vital to our school.

The knowledge DENTAC shared is invaluable and will be remembered by the students."

This year the DENTAC visitors included Margaret Nunez, Norma Espinoza, Maria Ballesteros, Tandalaya Harris, Tricha David, David Davis, Fang Chen, Justin Frey, Kayla Harrington, Myrna Marcucci, Michael Moncada, Andrea Norvell, Miguel Perez, Tamerah Ross, Nicole Timm, Guillermo Lug-Beltre, Shannon Mason, Elizabeth Fandino, Teresita Busby, Carolyn Putalavage, Rebecca McAlister, and Linsey Pearson.

## Western Days at FSH elementary

By Kathy Maxwell  
FSHISD

Fort Sam Houston Elementary students and parents celebrated Western Days with music and dancing during physical education classes.

Elementary physical education staff Ann Boelens, Amy Cichon, and Ann Miller integrated San Antonio's Rodeo history, tradition and culture along with physical education objectives and best teaching practices to create a fun Family activity.

Students from pre-kindergarten through fourth grade learned traditional square dance steps, moves and calls, as well as, line dance steps and moves.

The culmination of the unit

was held Feb. 16 and 18.

In honor of the celebration, hallway bulletin board decorations reflected western themes.

Hay bales and saw-horse horses could be seen in the gymnasium. Cowboy hats, boots, belts, and bandanas by the dozens were donned by students, parents and staff.

More than 250 parents and 30 staff members joined in the festivities to the strains of the Billy Ray Cyrus hit, "Akey Brakey Heart" and "Electric Slide."

Reading specialist, Mary Harrell commented, "It's always fun to watch the smiles and listen to the laughs of all those children and parents learning to do something together. This is what learning is all about."

### FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT SPRING BREAK MARCH 15-19

Robert G. Cole Middle and High School

March 19

Baseball at Holy Cross, 3 p.m.

March 20

UIL One Act Play rehearsals in Moseley gym, 1 to 3 p.m.

# ACS offers fun evening for spouses of deployed Soldiers

By Cheryl Harrison  
ACS Marketing

Army Community Service will open its doors March 26 from 6 to 10 p.m. for spouses of deployed Soldiers of the 470th Military Intelligence Brigade to enjoy an evening of pizza, a movie,

popcorn, beverages as well as encouragement, fellowship and hugs when needed.

Members of the 470th are currently deployed to Haiti, Afghanistan, Iraq and other locations in Latin America.

The evening's agenda will be simple during this

first gathering, giving spouses an opportunity to meet new friends, relax, have fun and learn about programs available to them.

Lewis Lacy, acting Mobilization and Deployment Program manager said, "We are planning this event to

show our appreciation to the spouses of deployed Soldiers from Fort Sam Houston. We want them to know they are an important part of our community."

Brian Dougherty, acting ACS director said, "The demands on Soldiers and their Families during

deployment are not easy. Army Community Service and the Directorate of Family, Morale Welfare and Recreation are working to show support and sincere appreciation for our Families whose loved ones are deployed.

Spouses of deployed members attached to other units at FSH are also welcome to attend.

"Currently, there are large numbers of individuals who have deployed and we are hoping to reach those Families as well," Dougherty said. Childcare will be provided, but children need to be registered with Child, Youth & School Services.

Call ACS at 221-2418/2584 for information about the event.

## Texas Hold 'Em winner advances to All-Army Finals

By Amanda Stephenson  
FSH FMW&R

Poker fever hit the Sam Houston Club during the 2010 Army Family and Morale, Welfare and Recreation Command Texas Hold 'Em Tournament.

After several hours of intense play, Kevin Patureau beat out the

final eight in the Garrison Finals on Feb. 26, which not only earned him a spot in the All-Army Online Finals, he also walked home with \$500 cash.

Patureau advanced to the All-Army Online Finals April 3.

"I don't remember much about the final table action except that it went really fast and lady

luck was on my side," Patureau said.

"My most memorable hand was when I held pocket 10s. I made quad 10s - a first for me - on the flop and took a huge pot. This hand well established my chip lead. After that, lady luck swept me to the last hand; which I won I believe with trip nines."

The final eight players

didn't leave empty-handed. Second place winner Angela Noble was awarded \$200 and third place winner Daniel Farris received \$200.

Fourth-through sixth-place winners received gift cards and a poker set courtesy of Budweiser, and seventh-and eighth-place winners received pizza gift certificates courtesy of Dominos.

Players accumulated points and the players with the 64 highest points were eligible for the Garrison Finals.

The Sam Houston Club will host a one-night Texas Hold 'Em Tournament May 21 at 6 p.m.

(Source: FSH FMW&R)



**Courtesy photo**  
Texas Hold 'Em Tournament Garrison Finals Winner Kevin Patureau walked home with \$500 cash and will compete in the All-Army Online Finals, April 3.





## Announcements

### Discount Spurs Tickets

A limited amount of discounted Spurs tickets are available for purchase at the Sam Houston Club, Building 1395, for several upcoming games. DoD Cardholders can purchase \$23 Fan Zone tickets and \$85 lower level tickets for the April 2 game against the Orlando Magic. There are also \$30 Fan Zone tickets and \$115 lower level tickets available for the March 26 game against the Cleveland Cavaliers. Tickets include a shoot-around pass to watch pre-game practice. Tickets will only be available up until the Tuesday before each game. Call 226-1663.

### WebTrac Enrollment

Parents can now enroll their children in after school programs using WebTrac. The site allows parents to access a wide range of services offered by Army garrison installations worldwide. Simply select a

location and browse the site as a guest or create an account to view activities, services and make payments online. Type in a key word, select the age, gender or grade of your child and a list of programs will appear, along with a description of the service or activity, fees, dates, location, number of seats available and more. Visit <https://webtrac.mwr.army.mil>.

### After School Pick-up

School Age Services now offers off-post after school pick-up. SAS will pick up students from the following schools: Royal Ridge, Wilshire Elementary, St. Pius X and East Terrell Hills Elementary. Children must be registered for the afterschool program. Fees are assessed according to total family income category. Call Parent Central at 221-4871/1723 or SAS at 221-4466/4455.

### Babysitter Training

A 4-H Babysitter Program will be offered on a continuing basis at the Middle School and Teen Center, Building 2515. Teens will learn about the ages and stages of child growth and development, safety, food and nutrition, how to handle emergencies, appropriate activities to implement with children, and the business of babysitting. The eight-week course costs \$15 and is open

to students ages 13-18. Register at Parent Central, Building 2797 or call 221-3164.

### HIRED! Apprenticeship Program

The HIRED! Apprenticeship Program provides 15- to 18-year-old youth with meaningful, professionally managed career-exploration opportunities in Family and Morale, Welfare and Recreation operations. Apprentices will gain valuable work experience and training that will better equip them with the skills needed for a highly competitive job market. A cash award is offered upon successful completion of the term. Apply now for our next term! Applications are available at Parent Central, Building 2797. Call 884-7485.

### Parent and Child Swim Lessons

The Jimmy Brought Fitness Center can help unmask the way to safe and fun water habits for parents and children ages 6 months to 3 years, make positive memories enhance motor skills, confidence and independence. DoD card holders call 221-1234 for enrollment.

Lessons begin March 28 and are held Sundays at 3 p.m. The cost is \$25 per child.

### Spring Break Camp

Don't fret about who will be watching the children over spring break. Child, Youth & School Service programs have geared up to offer youth a Spring Break Camp. Space is limited. Call Parent Center at 221-1725 to register your child for camp.

### H.U.G.S. Playgroup

Helping Us Grow Securely playgroup for parents and children ages birth to 5-years-old meets Tuesdays, 9-11 a.m. at Dodd Field Chapel, Building 1721. Registration is not required. Call 221- 349/2418.

### Baby Talk

New Parent Support Program offers "Baby Talk" Tuesdays, 1-2:30 p.m. at Dodd Field Chapel for parents with children newborn to 12-months-old. Call 221-0349/0655.

### Exceptional Family Member Program Support Group

The support group meets

Wednesday evenings, 6-7:30 p.m. at School Age Services, Building 1705, Dodd Boulevard. The group is facilitated by Mutual Enrichment through Learning and Discovery and is open to Soldiers and military Families with special-needs members. Child care and dinner is provided. Registration is required. Call 221-2604.

### Parent Central

The Central Registration office at 2010 Stanley Road, Building 2797, is now Parent Central. All services, hours and numbers remain the same. Parent Central is open Monday-Friday, 8 a.m.-5 p.m. and by appointment only after 4:30 p.m. The office is closed every first and third Friday. Call 221-4871/1723.

## Calendar of Events

### MARCH 11 FAP Commander/Senior Leader Training

The training will be held 8-10 a.m. at Army Community Service, Building 2797. This training is in accordance with AR 608-18 and is required for commanders and first sergeants within 45 days following assumption of command also fulfills the annual commander refresher training. This training provides a Family Advocacy Program overview and insight about the command role in reporting domestic violence. Examines leadership roles and explains how to report abuse and prepare for the Case Review

See MWR P20

**MWR from P19**

Committee to support Soldiers and their Family members. Call 221-0349/2418.

**Microsoft Access Level 1**

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills and registration required. Call 221-2518.

**Immigration Services**

Immigration and Naturalization Services will be available, noon-2 p.m. at Army Community Service, Building 2797. Call 221-2418/2705.

**Doctor Dad**

The class will be held 8 a.m.-4:30 p.m. at the Randolph Air Force Base Airmen and Family Readiness Center, 555 F Street West, Building 693. This workshop covers topics such as treating minor cuts and scrapes, when to call a doctor, how to make your home child-safe, and how to keep your child healthy. To register, call 221-0349 or 652-5321.

**Mandatory Initial First Termer Financial Readiness**

The class will be held 10 a.m.-noon at Army Community Service, Building 2797 in the computer lab.

To register, call 221-1612.

**Health Fair**

The health fair will be held 10 a.m.-1 p.m. at the Jimmy Brought Fitness Center. Nutrition and health experts will provide cholesterol, blood pressure and diabetes screenings, tips on healthy eating, fitness and injury prevention and educational information on prostate, colon and dental health. The event is free and open to the public. Call 221-1234.

**Savings and Investing**

The class will be held 11:30 a.m.-12:30 p.m. at the San Antonio Credit Union. To register, call 221-1612.

**Family Advocacy Program Annual Training**

The training will be held 1-2:30 p.m. at the Red Cross, Building 2650. This class is designed for those who may have missed the annual Domestic Violence and Child Abuse Identification and Reporting Training at their unit. This is an annual requirement under the AR 608-18. To register, call 221-0349/2418.

**What Does EFMP Mean to Me?**

The class will be held 1:30-4 p.m. at Army Community Service,

Building 2797. This class is held the second Thursday of each month to answer all the questions you may have about how Exceptional Family Member Program can help you and your Family. Call 221-2604/0285.

**MARCH 12 Warrior Scramble**

The monthly Warrior Scramble will begin at 1 p.m. at the Sam Houston Golf Club. Call 221-5863.

**Family Readiness Support Assistant Forum**

The training will be held 11:30 a.m.-1 p.m. at Army Community Service, Building 2797. This training provides FRsAs the opportunity to network and share lessons learned in an open forum. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**March 15 Pre-Deployment Planning**

The training will be held 9 a.m.-3 p.m. at Army Community Service, Building 2797. This training is designed to increase the spouse's ability to face deployments with resilience and strength, allowing easier separations. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**Paying for College**

The class will be held 2-4 p.m. at Army Community Service, Building 2797. Identify the crucial factors to consider when paying for college, including college costs, mil-

itary benefits, financial aid and scholarships, college savings plans and tax incentives. To register, call 221-1612.

**Doctor Dad**

Part one of this three-session training will be held 5:30-7 p.m. at Army Community Service, Building 2797. This training covers topics such as treating minor cuts and scrapes, when to call a doctor, how to make your home child-safe and how to keep your child healthy. To register, call 221-0349/2418.

**MARCH 16 AFTB Level 3**

The class will be held March 16-18, 8:30 a.m.-2 p.m. at Army Community Service, Building 2797. Learn leadership skills focusing on listening, self-esteem, personality traits, building a cohesive team, problem solving and effective public/media relations. This class can be taken without attending level one and two. To register, call 221-2611.

**Microsoft Word Level 2**

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of Word Level 1 and registration required. Call 221-2518.

**Family Readiness Group Key Caller Training**

The training will be held 9 a.m.-4 p.m. at Army Community Service, Building 2797. This training will

define the responsibilities of the FRG key caller and provide information on performing this role. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**Intramural Golf**

An Intramural Golf coaches meeting will be held March 16, noon-1 p.m. at the Fort Sam Houston Golf Course. The golf league begins April 1 at 5:30 p.m. Call 221-3003.

**Consumer Awareness**

The class will be held 2-4 p.m. at Army Community Service, Building 2797. Learn how to protect yourself against identity theft and computer fraud. Be aware of common frauds and scams, particularly those that target military personnel. To register, call 221-1612.

**MARCH 17 Microsoft Excel Level 2**

The class will be held 8 a.m.-noon at Army Community Service, Building 2797 in the computer lab. Basic computer skills, completion of Excel Level 1 and registration required. Call 221-2518.

**Mandatory Initial First Termer Financial Readiness**

The class will begin at noon at the Education Center, Building 2248. Class space is limited. To register, call 221-1612.

**Care Team Training**

The training will be held 1:30-3

p.m. at Army Community Service, Building 2797. This training is recommended for casualty assistance officers, casualty notification officers and battalion care team volunteers. To register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**APRIL 18 Fort Sam Houston Fiesta & Fireworks**

This spectacular event will be held 1-9 p.m. on MacArthur Parade Field. There will be live music and entertainment, military displays, games and raffle prizes and food and beverages. Free admission and parking, open to the public. Call 221-2207.

**April 24-25 The 12th Annual City Military Golf Championship**

Open to active and retired military, DoD civilians, contractors and dependent Family members. Stroke-play competitions will be at La Loma Grande and Salado Del Rio courses. All levels welcome. Tournament begins with an 8 a.m. shotgun start on both days. An awards ceremony and banquet held April 25. Cost for both days is \$60 for Fort Sam Houston Golf Club members and \$100 for non-members and includes greens fees, golf cart and admission to the social and awards banquet. To register call 222-9368.





## Announcements

### Do You Feel Like You Have the Flu?

The Infectious Disease Clinical Research Program is conducting a research study to learn more about H1N1 influenza and other causes of flu-like symptoms. People birth to 65 year old with fever and cough or sore throat for 48 hours or less are eligible to participate. Patients 18 years and older may volunteer for blood draws (\$50 compensation for each blood draw). Call 513-7911 or 916-0456.

## Calendar of Events

### MARCH 13

#### City Center Health Careers Informational Meeting

The City Center Health Careers Public Charter School is currently enrolling grades sixth through 10th for the 2010-2011 school year. An informational meeting will be held March 13, 10 a.m. at Baptist medical Center, Musselman Chapel, 111 Dallas St. CCHC is a public middle/high school for children interested in preparing for career in the

health care industry, no tuition is charged. Call 255-8265 or visit <http://www.citycenterhc.org>.

### Leon Valley Walk

The Randolph Roadrunners volkmarch club will host a 10k and 5k walk March 13 at Leon Valley Library at 6425 Evers, Leon Valley, next to the Trade & Market Days event. Walks start between 8 a.m. and noon, finish by 3 p.m. Call 723-8574 or visit <http://www.ran-dolphroadrunners.info>.

### Habitat for Humanity Project

Volunteers are needed March 13, 7:45 a.m.-3:30 p.m. to assist in the construction of a new community of 17 homes in the Palo Alto Heights area. Due to safety concerns, minors under 14 years old are not allowed on site. American Society of Military Comptrollers will work as a team on a single house under the direction of a house leader. Tasks include painting, landscaping, general carpentry, and use of power tools. Call 671-9228 or 223-5203.

### MARCH 15

#### Warrant Officer Association

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet March 15, 7 p.m. at Chacho's & Chulucci's, 8614

Perrin Beitel Rd. (near NE Loop 410). All active duty, retired, reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. Call 295-6596 or 666-9818.

### MARCH 18

#### FSH Preservation Society

The Society for the Preservation of History Fort Sam Houston will meet March 18, 11:30 a.m. at the Stilwell House, 626 Infantry Post. The speaker is Sig Christenson, the military correspondent for the San Antonio Express News who recently returned from Iraq and Afghanistan. Call 527-9513.

### AMEDD Museum Speaker

Frank G. Hutchinson will speak at the Army Medical Department Museum March 18 at 5 p.m. Hutchinson recently climbed Mount Everest to take two books containing the names of fallen warriors from both the Afghanistan and Iraq Wars to the top of that mountain. This journey was also a personal tribute to Hutchinson's father, a major who served 20 years in the military as a decorated Vietnam veteran. Call 221-6358.

### San Antonio Herb Society

Hospitality tables will be open at

6:30 p.m., meeting begins at 7 p.m. at the San Antonio Garden Center located at the corner of Funston and N. New Braunfels. Chefs Rene Maldonado and Charles Harzman from "Here's to Yum Bistro" will present a program on cooking with herbs. Free and open to the public. Visit <http://www.sanantonioherbs.org>.

### MARCH 20

#### Neighborhood Beautification Initiative

Volunteers are needed March 20 to assist with housing painting, brush collection, vacant lot and yard clean-up and other special projects around the area bound by North-Hood Street, South-Carson Street, West-Ash Street and East-Ervin Street. A neighborhood command post will be located at St. Stephen Baptist Church parking lot, 2011 East Carson, from 9 a.m.-3 p.m. To volunteer, call 207-4681/4683.

### Cloverleaf Communicators Speech Contest

A speech contest will be held March 20, 10-11:30 a.m. at Calvary Baptist Church, 1719 Burleson St. People are invited to participate, judge or watch. Call 221-7943/8785.

# REMINDER CALENDAR

March 11

Health and Wellness Fair, 10 a.m.-1 p.m., Jimmy Brought Fitness Center

March 12-May 15

Army Emergency Relief Fund Campaign

March 14

Daylight Savings Time Begins

March 15-19

Spring Break for Area Schools

March 25

Mayor's Meeting, 10:30-11:30 a.m., Main Resident Center, 407 Dickman

March 25

Consolidated Monthly Retirement Ceremony, 7:45 a.m., Army Community Service

March 25

U.S. Army Medical Information Technology Center Ribbon-Cutting, 2:30 p.m., Building 2272 Stanley Road

March 27

Cowboys for Heroes, 10 a.m.-5 p.m., FSH Equestrian Center

March 27

Easter Egg Hunt, 11 a.m.-1 p.m., Dodd Field

March 27

Wounded Warrior 5K Run/Walk, 9 a.m., Jimmy Brought Fitness Center



### Cloverleaf Communicators Club

The club meets the first and third Thursday of each month, 11:45 a.m.-1 p.m. at Fort Sam Houston San Antonio Credit Union conference room, 2250 Stanley Rd. Membership is open to anyone who wants to enhance his or her communications and leadership skills. Call 221-7943/8785.

### Spouses' Club Scholarships/Distributions

Spouses' Club of the Fort Sam Houston area is now accepting applications for 2010 scholarships and welfare distributions. Applications are available online at

<http://www.scfsh.com> or visit Army Community Service, Building 2797. Deadline is March 20. Call 241-0811 or 789-3861.

### MARCH 23

#### American Society of Military Comptrollers

The Alamo Chapter of the American Society of Military Comptrollers luncheon will be held March 23, 11 a.m.-1 p.m. at the Parr Club, Randolph Air Force Base. The guest speaker is Col. Terry Ross, comptroller, 502nd Air Base Wing. The topic is "Joint Basing from the FM Perspective." Call 652-4408 by March 17 for reservations.

## Rocco Dining Facility Menu

Building 2745, Schofield Road

### Friday - March 12

#### Lunch - 11 a.m. to 1 p.m.

Shrimp gumbo, barbecued spareribs, barbecued beef brisket, beef fajita pitas, vegetable egg rolls, macaroni and cheese, steamed rice, lyonnaise potatoes, pinto beans, collard greens, carrots, baked potatoes

#### Dinner - 5 to 7 p.m.

Barbecued chicken, turkey chili macaroni, beef stew, breaded pork fritters, hopping john rice, parsley-buttered potatoes, steamed rice, mashed potatoes, corn, herb broccoli, French-fried okra

### Saturday - March 13

#### Lunch - noon to 1:30 p.m.

Yankee pot roast, Caribbean chicken breast, cheese tortellini, baked sweet Italian sausages, oven glo potatoes, baked egg noodles and cheese, steamed rice, lima beans, Creole summer squash, cauliflower

#### Dinner - 5 to 6:30 p.m.

Roast pork, spaghetti with meatballs, salmon croquettes, mushroom quiche, mashed potatoes, fried rice, baked

potatoes, spinach, Brussels sprouts, mixed vegetables

### Sunday - March 14

#### Lunch - noon to 1:30 p.m.

Meat loaf, pepper steak, breaded pork chops, macaroni and cheese, mashed potatoes, steamed rice, corn on the cob, wax beans with pimientos, asparagus

#### Dinner - 5 to 6:30 p.m.

Baked chicken, barbecued beef cubes, potato frittata, breaded pork fritters, scalloped potatoes and onions, buttered egg noodles, baked potatoes, glazed carrots, cabbage, LA-style smothered squash

### Monday - March 15

#### Lunch - 11 a.m. to 1 p.m.

Italian-style veal steaks, chipper perch, honey-glazed Cornish hens, beef lasagna, vegetable egg rolls, tri-colored noodles with marinara sauce, wild rice, garlic-roasted potato wedges, baked potatoes, French-fried okra, stewed tomatoes, cauliflower

#### Dinner - 5 to 6:30 p.m.

Turkey Creole macaroni, baked ham with pineapple sauce, southern fried

chicken, cheese ravioli, candied sweet potatoes, red beans and rice, mashed potatoes, asparagus, cauliflower polonaise, succotash

### Tuesday - March 16

#### Lunch - 11 a.m. to 1 p.m.

Beef fajitas, barbecued roast pork, turkey ala king, roast pork, breaded chicken patties, baked egg noodles and cheese, balsamic roasted sweet potato wedges, steamed rice, fried cabbage, pinto beans

#### Dinner - 5 to 7 p.m.

Sweet and sour chicken, pork chops Mexicana, oven roast beef, vegetable egg rolls, steamed rice, mashed potatoes, baked potatoes, zucchini squash, Mexican corn, carrots

### Wednesday - March 17

#### Lunch - 11 a.m. to 1 p.m.

Apple-glazed corned beef, fried chicken, parmesan baked fish, Swiss steak with brown gravy, broccoli quiche, rice and parmesan cheese, parsley tri-colored noodles, parsley-buttered potatoes, beets in orange-lemon sauce, peas and carrots, buttered cabbage, wax

beans with pimientos, carrots

#### Dinner - 5 to 7 p.m.

Grilled polish sausages, beef yakisoba, salmon croquettes, chicken parmesan, broccoli rice and cheese casserole, beef stir fry, parsley-buttered potatoes, steamed rice, spaghetti noodles lima beans, cabbage, carrots amandine

### Thursday - March 18

#### Lunch - 11 a.m. to 1 p.m.

Chicken stir-fry, breaded pork chops, spaghetti with meat sauce, honey-glazed Cornish hens, spaghetti with marinara sauce, steamed rice, rice pilaf, O'Brien potatoes, fried noodles, yellow squash, club spinach, Chinese mixed vegetables

#### Dinner - 5 to 7 p.m.

Breaded veal steaks with mushroom gravy, pork chop suey, beef and broccoli, red beans and rice, teriyaki chicken, mashed potatoes, steamed rice, pork fried rice, baked potatoes, cauliflower, green peas

*Menus are subject to change without notice*



**For Sale:** BMX 25-inch boy's bike, cross road, motor terrain style, \$45; dining table, wooden top with black legs, with four chairs, beige seat covers with black legs, \$51. Call 262-3007.

**For Sale:** Sony 54-inch HDTV, non-working, needs G-board work, getting nine blinks, only four years old, good condition, as-is, \$175. Call 386-6390.

**For Sale:** Nikon D-100 (digital) camera body in original box with neck strap, video cable, "Nikon Picture Project" software, Ni-MH battery (EN-EL3) and MH-18 battery charger. Shoots 6.1 effective megapixels for 3,008 x 2,000-pixel images. Like new (orig. \$1,490) \$700

firm. Call 744-5665.

**For Sale:** 19-inch Dell monitor, \$79; 1992 Ford Econoline custom van, serviced regularly, records available, cloth seats, four reclining captain chairs, convertible sofa bed, clothes rack, AM-FM stereo radio, TV/VCR, new alternator, good tires, trailer hitch, \$1,599. Call 659-6741.

For Sale: Solid wood round dining table and four upholstered chairs, \$150. Call 673-9649.

**For Sale:** Cherry wood dining room table with six chairs, table can be adjusted, good condition, \$2,000 value, \$300. Call 320-7983 evenings or 757-613-2250.

**For Sale:** 1.5-cubic-foot refrigerator, black, \$40; metal bed frame, \$20; two-piece wood desk, \$50; computer desk and chair, \$50; television stand, black with glass door, \$30. Call 241-1291.

To place a Freebie ad, e-mail [news.leader@conus.army.mil](mailto:news.leader@conus.army.mil) or fax 221-1198.

### CHAPEL from P8

than physical equipment. The Soldier's heart, the Soldier's spirit, the Soldier's soul are everything. Unless the Soldier's soul sustains him, he cannot be relied upon and will fail himself and fail his country in the end.

"This chapel serves as a place for Soldiers to

meet and communicate with God. And it's a place where God can meet and communicate with Soldiers, because it is a place of sanctity, solitude and respite for Soldiers' burdens – specifically here with the rigors of training – a place for encountering the presence of the divine in the crucible of becoming a Soldier medic," Czerw

Holy Week Chapel Activities	
March 28	Palm Sunday - Normal Worship ServiceSchedule Protestant Choir Cantata, 11 a.m., Main Post Chapel Jewish Seder, call Lay Leader at 379-8666.
March 29	Jewish Passover
March 30-31 and April 5-6	Jewish Passover
April 1	Holy (Maundy) Thursday (Catholic) Mass of the Lord's Supper, 5:30 p.m., Main Post Chapel 7 p.m., AMEDD Chapel (Protestant) Living Last Supper, 7 p.m., Main Post Chapel Jewish Sabbath Passover, 8 p.m., Main Post Chapel; Kosher food following
April 1	Good Friday (Catholic) Passion, noon, Main Post Chapel Mass, 7 p.m., AMEDD Chapel
April 2	(Catholic) Easter Vigil, 7 p.m., Main Post Chapel EASTER Sunrise Service, 6:30 a.m., Evans Theater Regularly Scheduled Worship Service Schedule Jewish YESKOR Memorial Service (Eighth Day of Passover) (call 379-8666 for information)
April 3	
April 4	
April 6	

continued.

"Going through [training] is very stressful," explained 1st Sgt. Roderick Batiste, adding that having a place like the regimental chapel is important to Soldiers.

"It gives Soldiers another avenue to relax; power down and find inner peace," Batiste said.

Batiste recommends

Soldiers see a chaplain if they have questions or concerns with their spiritual life or if they have other types of concerns.

"If they have issues, Soldiers can vent and chaplains can help them resolve those issues whether it's personal, financial, marital or professional. Chaplains are a very important resource."

### Protestant Women of the Chapel

The Fort Sam Houston Protestant Women of the Chapel is inviting all women to their weekly Bible studies Wednesdays, 9:30-11:30 a.m. and Thursdays 6:30-8 p.m. at Dodd Field Chapel. There are seven different book studies you may choose. The studies are innovative, interactive and taught by spirit-led women. Call 863-6361 or e-mail [amhouston@pwoc.org](mailto:amhouston@pwoc.org).

#### Main Post Chapel, Building 2200, 221-2754

**Catholic Services:**  
4:45 p.m. - Reconciliation - Saturdays  
5:30 p.m. - Mass - Saturdays  
9:30 a.m. - Mass - Sundays  
11:30 a.m. - Mass - weekdays  
**Protestant Services - Sundays:**  
8 a.m. - Collective Protestant  
11 a.m. - Collective Protestant  
**Jewish Services:** 379-8666 or 493-6660  
8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

#### Brooke Army Medical Center Chapel, Building 3600, 916-1105

**Catholic Services:**  
8:30 a.m. - Mass - Sundays  
11 a.m. - Mass - Sundays  
**Protestant Services:**  
10 a.m. - Worship Service - Sundays  
**Episcopal/Lutheran Rite services:**  
12:30 p.m. - Traditional worship - Thursdays

#### Center for the Intrepid, first floor, 916-1105

**Christ for the Intrepid services:**  
5:30 p.m. - Coffee and fellowship - Sundays  
6 p.m. - Contemporary worship - Sundays

#### Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

**Catholic Services:**  
9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays  
12:30 p.m. - Mass - Sundays  
**Protestant Services:**  
10:30 a.m. - Gospel Protestant - Sundays  
9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided  
6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided  
**Samoan Protestant Service:**  
8:30 a.m. - Sundays

#### AMEDD Regimental Chapel, Building 1398, 221-4362

**32nd Medical Brigade Student services**  
**Catholic Mass:** 8 a.m. - Sundays  
**Contemporary Protestant Service:** 9:30 a.m. and 11:01 a.m. - Sundays  
**Muslim Jumma:** 1:30 p.m. - Fridays

#### Installation Chaplain Office, Building 2530, 221-5007

**Church of Jesus Christ of Latter Day Saints:**  
8:30 a.m. - Sundays

**Web site:** <http://www.samhouston.army.mil/chaplain>